



1818 N Orange Grove Ave, Suite 101, Pomona, CA 91711 • 909.236.3333 • FHUrology.com

Intravesical Botox® Injection

Pre-Procedure Instructions for Patients

ABOUT YOUR PROCEDURE

Botox (onabotulinumtoxinA) is injected into the bladder muscle to treat overactive bladder or urgency incontinence that has not responded well enough to medication. It works by relaxing the bladder muscle so it does not contract so forcefully or so often, increasing the amount your bladder can comfortably hold.

The injections are given through a cystoscope in the office and take about 15 to 20 minutes. The effect builds over 1 to 2 weeks and typically lasts **6 to 9 months**, after which the treatment is repeated.

IMPORTANT — YOU MAY NEED TO CATHETERIZE AFTERWARD

Because Botox relaxes the bladder muscle, some patients cannot empty their bladder completely afterward. **A small percentage need to pass a catheter themselves — clean intermittent catheterization — until the effect wears off.** Your urologist will discuss this with you, and you should be willing and able to do this before proceeding.

MEDICATIONS

- **Antibiotic:** You will be prescribed one. Start it exactly as directed and finish the course.
- **Blood thinners:** Ask the provider who prescribes them whether it is safe to stop before the procedure. Do not stop any prescription medicine on your own.
- Continue your bladder medications unless told otherwise.

THE DAY OF YOUR PROCEDURE

- Eat and drink normally unless told otherwise.
- Take your antibiotic as directed.
- Wear comfortable, easily removed clothing.
- Bring your medication list, insurance information, and photo ID.
- You will give a urine sample and empty your bladder when you arrive.
- Bring a driver if you were given a medication to help you relax.

WHAT TO EXPECT

Numbing jelly is placed into the urethra, and a numbing solution may be instilled into the bladder and held for several minutes. Your urologist passes the cystoscope and makes a series of small injections — usually around 20 — into the bladder wall. Each injection feels like a brief pinch or pressure. Most patients tolerate this well.

WHEN TO CALL THE OFFICE

Call 909.236.3333 before your procedure if you have signs of a urinary tract infection — burning, fever, chills, or cloudy foul-smelling urine. Treatment will be postponed until any infection is treated.
